TRES DIAS - FREQUENTLY ASKED QUESTIONS

What Is Tres Dias?

Tres Dias (Spanish for three days) is <u>a three day course in Christianity</u> for adults 21 and older given by a team of lay people and clergy. Tres Dias is an instrument of church renewal designed to <u>bring Christians closer to Jesus Christ</u>. **Fifteen talks** (10 lay person talks and 5 clergy talks) called Rollos are given. Most talks last about 20 minutes and a discussion follows each one. The lay persons giving talks are people like you from various churches. Tres Dias is <u>not a church</u>. The ministry is lay led. The purpose of each team is to conduct the Tres Dias that you attend.

What Are the Dynamics of Tres Dias?

Tres Dias is <u>not a retreat</u>. Tres Dias is <u>cloistered</u>. This means participants turn away from the cares of the outside world. To aid cloistering <u>participants are asked to refrain from using cell</u> <u>phones during Tres Dias</u>. Please share this with your family <u>so that they know what to expect</u> <u>while you are away</u>. Tres Dias is also <u>structured</u>. Activities begin early and end late. Except for meals and breaks; there is little free time between activities.

What Are the Activities of Tres Dias?

Thursday: 7 PM Tres Dias Starts, Group Introductions, Chapel, Begin Overnight Silent Period

Friday: Chapel, End of Silent Period, Breakfast, Assign Table Groups, **Ideals**, **Grace**, Communion, Lunch, **The Church**, **The Holy Spirit**, **Piety**, Piety Chapel, Dinner, Group Sharing, Chapel

Saturday: Chapel, Breakfast, Study, Sacred Moments of Grace, Communion, Lunch, Action, Table Chapels, Obstacles to Grace, Leaders, Dinner, Group Sharing, Agape, Chapel

Sunday: Chapel, Mananita, Breakfast, Environments, Table Chapels, Life In Grace, Christian Community in Action, Lunch, Reunion Groups, Fourth Day, Apostolic Hour, Closing and Communion 5 PM Tres Dias Ends (Liturgies are used in Communion. There is singing each day.)

Where is Tres Dias Held?

Tres Dias is held at Camp Dogwood on Lake Norman. Your sponsor, the person that told you about Tres Dias, transports you to and from Camp Dogwood. <u>Your family has a phone number</u> to reach you. If an emergency occurs, someone from the team will return you home if needed.

How Do I Attend Tres Dias?

Tres Dias is held twice each year in the spring and fall. Men and women attend separately. Tres Dias applications and future weekend dates are available at <u>www.MCTD.net</u>. There is a \$10 fee to submit an application. A suggested donation, collected during the weekend, covers the cost of your meals and lodging. If you have other questions, please ask or visit us on the web.

Rev. Charles Payton Community Spiritual Director Mid Carolina Tres Dias